



CLASSIFI	DORSA	NOME	CATEGORIA	PEC1	PEC2	PEC3	PEC4	TEMPO TOTAL
68	8	Diogo Inácio Martins	Cadete	00:08:01,84	00:06:02,26	00:04:17,87	00:06:56,21	00:25:18,18
94	10	Armando Daniel Mendes Sousa	Cadete	00:08:21,19	00:07:14,40	00:04:29,83	00:07:36,20	00:27:41,62
108	9	André Henrique Carvalho Martins	Cadete	00:08:46,72	00:07:47,59	00:05:12,30	00:07:41,14	00:29:27,75
47	20	André Fernandes	Elétrica	00:07:32,56	00:05:58,52	00:03:52,52	00:06:33,03	00:23:56,63
1	163	José Carlos Barbosa Oliveira (MEIRA)	Elite	00:06:26,64	00:04:41,91	00:03:22,50	00:05:29,17	00:20:00,22
2	142	Marco Aurélio da Silva Fidalgo	Elite	00:06:25,02	00:04:45,47	00:03:26,28	00:05:33,47	00:20:10,25
3	164	Goncalo Filipe Matos Gaspar	Elite	00:06:42,33	00:04:50,35	00:03:28,82	00:05:38,07	00:20:39,57
4	168	Paulo Sergio Vasconcelos Baptista	Elite	00:06:36,00	00:04:52,36	00:03:29,76	00:05:43,44	00:20:41,56
5	165	João Carlos Costa Rodrigues João	Elite	00:06:42,50	00:04:57,08	00:03:28,86	00:05:38,28	00:20:46,72
7	153	João Tiago da Rocha Pereira	Elite	00:06:37,95	00:05:05,72	00:03:28,34	00:05:51,47	00:21:03,47
8	161	João Luís de Pereira Dias e Tenedório Fânzeres	Elite	00:06:39,36	00:05:04,25	00:03:38,35	00:05:42,12	00:21:04,08
9	160	Daniel Marques Ferreira	Elite	00:06:47,24	00:05:03,29	00:03:34,14	00:05:45,65	00:21:10,32
16	158	Guilherme Botelho Simões	Elite	00:06:48,17	00:05:19,08	00:03:41,14	00:05:58,38	00:21:46,78
17	151	André Rodrigues	Elite	00:06:57,71	00:05:14,76	00:03:42,05	00:06:06,27	00:22:00,79
21	154	Tiago Filipe Marques Fernandes	Elite	00:07:05,85	00:05:23,81	00:03:38,07	00:06:05,76	00:22:13,50
22	150	Cláudio Ismael Moura Santos	Elite	00:07:04,65	00:05:25,13	00:03:43,80	00:06:09,01	00:22:22,60
23	130	José Luís Campos Ferreira	Elite	00:07:07,26	00:05:28,54	00:03:42,46	00:06:05,78	00:22:24,04
25	134	Paulo Jorge Coelho Basílio	Elite	00:07:01,20	00:05:25,67	00:03:50,75	00:06:16,41	00:22:34,03
28	123	Ivan Ricardo Barbosa da Silva	Elite	00:07:21,66	00:05:32,19	00:03:40,38	00:06:09,59	00:22:43,82
29	128	Helder Fernandez Guisande	Elite	00:07:10,60	00:05:39,91	00:03:48,01	00:06:13,69	00:22:52,21
30	156	Tiago Vieira de Castro	Elite	00:07:11,76	00:05:35,34	00:03:48,82	00:06:18,84	00:22:54,76
31	152	João Francisco da Silva Rebelo	Elite	00:07:17,75	00:05:32,70	00:03:47,96	00:06:16,90	00:22:55,31

35	131	Hugo Silva	Elite	00:07:24,50	00:05:37,14	00:03:47,51	00:06:22,72	00:23:11,87
40	139	Pedro Filipe Rosa Neves	Elite	00:07:17,13	00:05:47,92	00:03:53,17	00:06:24,48	00:23:22,70
44	125	Pedro Raposo Teles Romeiro	Elite	00:07:23,91	00:05:53,54	00:03:56,28	00:06:24,78	00:23:38,51
45	127	César Augusto Azevedo e Lima	Elite	00:07:22,97	00:05:53,76	00:03:53,51	00:06:33,98	00:23:44,22
48	119	David Miguel Ferreira Rebelo	Elite	00:07:19,40	00:05:55,67	00:04:22,93	00:06:19,88	00:23:57,88
49	118	José Carlos Jardim dos Santos	Elite	00:07:35,19	00:06:03,81	00:03:58,36	00:06:26,50	00:24:03,85
51	137	José Manuel Rodrigues Barroso	Elite	00:07:15,83	00:05:52,28	00:04:24,22	00:06:39,13	00:24:11,47
56	120	Nuno Manuel Rodrigues Vieira	Elite	00:07:41,63	00:06:08,74	00:04:05,44	00:06:36,79	00:24:32,60
57	144	Carlos Renato Rodrigues Silva	Elite	00:07:16,98	00:06:13,54	00:04:02,98	00:07:02,36	00:24:35,87
58	138	Luís Pires	Elite	00:07:21,10	00:06:23,39	00:04:08,76	00:06:45,08	00:24:38,32
61	132	Javier Acevedo Sanroman	Elite	00:07:42,33	00:06:08,61	00:04:05,88	00:06:49,05	00:24:45,86
64	124	Luis Miguel Ascenso Grosso	Elite	00:07:53,19	00:06:02,02	00:04:11,56	00:06:53,88	00:25:00,65
65	162	Joel Alexandre Rodrigues Silva	Elite	00:06:54,84	00:08:44,89	00:03:35,69	00:05:49,50	00:25:04,93
74	145	Bruno José Pereira Fernandes	Elite	00:07:32,69	00:06:46,95	00:04:02,92	00:07:19,72	00:25:42,27
86	143	Henrique Jorge Fialho Pimenta Sousa Pontes	Elite	00:08:04,02	00:06:46,42	00:04:34,60	00:07:05,05	00:26:30,10
87	121	Bruno Miguel Teixeira Pinto	Elite	00:08:21,20	00:06:41,83	00:04:27,68	00:07:06,79	00:26:37,50
99	122	Mauricio Jose Pinto Teixeira	Elite	00:08:53,18	00:07:23,10	00:04:37,54	00:07:53,07	00:28:46,89
102	135	Sergio Miguel Abreu Moreira	Elite	00:08:39,08	00:07:59,96	00:04:42,26	00:07:37,28	00:28:58,59
103	148	João Pedro Martins Figueiras	Elite	00:07:31,96	00:09:25,32	00:04:14,61	00:07:50,03	00:29:01,91
106	129	Samuel Enriquez Dominguez	Elite	00:08:47,66	00:07:36,01	00:04:44,32	00:08:12,70	00:29:20,69
118	117	André Miguel Ribeiro de Azevedo	Elite	00:09:26,21	00:08:32,19	00:05:57,65	00:09:05,53	00:33:01,59
77	147	Ruben Filipe Claro Pinto	Elite	00:07:15,19	00:06:08,90	00:03:57,22	00:08:36,78	00:25:58,09
75	53	Ana Catarina Guimarães da Costa Leite	Feminina	00:08:13,07	00:05:52,00	00:04:21,09	00:07:21,71	00:25:47,88
116	51	Magdalena Klepak	Feminina	00:09:04,27	00:07:52,29	00:06:17,74	00:08:16,38	00:31:30,67
117	50	Ana Vieira Lopes	Feminina	00:09:30,12	00:08:18,68	00:05:09,80	00:08:36,34	00:31:34,94
121	49	Cláudia Ferraz Pinto de Vasconcelos	Feminina	00:09:35,22	00:10:32,38	00:05:46,44	00:09:20,46	00:35:14,50
18	47	Carlos David Ferreira Martins	Júnior	00:06:55,71	00:05:19,24	00:03:46,65	00:05:59,45	00:22:01,05
42	44	Cláudio Pereira e Silva	Júnior	00:07:19,89	00:05:38,13	00:04:17,95	00:06:18,83	00:23:34,79
50	45	Leandro Jorge Barros Guimarães	Júnior	00:07:36,53	00:06:12,14	00:03:59,63	00:06:20,24	00:24:08,54
62	46	Luís Carlos Sousa da Silva	Júnior	00:07:47,17	00:06:01,66	00:04:15,56	00:06:50,14	00:24:54,52
6	169	Diego santome rosales	Master 30	00:06:47,14	00:05:00,47	00:03:27,08	00:05:45,51	00:21:00,22
10	115	Lino Miguel	Master 30	00:06:45,82	00:05:07,30	00:03:31,41	00:05:50,67	00:21:15,20

11	62	Helder Martins Padilha	Master 30	00:06:47,94	00:05:09,59	00:03:36,76	00:05:54,64	00:21:28,93
12	114	Rui Filipe Gonçalves Couto	Master 30	00:06:50,73	00:05:07,39	00:03:37,08	00:06:00,90	00:21:36,10
13	112	Marco Jorge Barros Tavares da Silva	Master 30	00:06:50,03	00:05:18,86	00:03:37,25	00:05:53,61	00:21:39,76
15	111	Carlos Filipe Lopes	Master 30	00:06:56,22	00:05:16,13	00:03:34,79	00:05:56,04	00:21:43,18
19	59	Dimitri Cardoso Silva	Master 30	00:07:00,47	00:05:21,92	00:03:46,22	00:05:59,60	00:22:08,20
20	58	Bruno Manuel Silva Marinho	Master 30	00:07:00,15	00:05:25,22	00:03:41,27	00:06:04,27	00:22:10,91
24	106	João Daniel da Silva Lopes Gomes	Master 30	00:07:04,84	00:05:32,56	00:03:40,93	00:06:06,80	00:22:25,13
26	84	José António Coelho Afonseca	Master 30	00:07:04,57	00:05:26,75	00:03:41,64	00:06:22,89	00:22:35,85
27	65	Jorge Paulo da Silva Afonseca	Master 30	00:07:13,61	00:05:30,86	00:03:51,69	00:06:04,58	00:22:40,73
34	80	Ricardo Miguel Pereira Silva Veiga	Master 30	00:07:25,51	00:05:41,57	00:03:45,42	00:06:17,98	00:23:10,48
36	105	Pedro Sarabando	Master 30	00:07:07,65	00:06:08,76	00:03:47,86	00:06:11,75	00:23:16,02
37	75	Pedro Rasquete	Master 30	00:07:19,53	00:05:36,86	00:04:00,30	00:06:20,23	00:23:16,92
39	101	Adriano Taveira Rodrigues	Master 30	00:07:09,34	00:05:49,07	00:03:50,15	00:06:31,64	00:23:20,19
41	81	Rui Xavier	Master 30	00:07:34,68	00:05:44,04	00:03:46,33	00:06:19,26	00:23:24,31
46	74	Pedro Montesinos Abad	Master 30	00:07:23,96	00:05:59,14	00:03:52,90	00:06:31,43	00:23:47,43
55	108	Diogo António Francisco Mota	Master 30	00:07:28,60	00:05:48,57	00:04:43,46	00:06:25,72	00:24:26,33
59	102	Pedro Agnelo	Master 30	00:07:41,01	00:06:15,73	00:04:00,79	00:06:42,94	00:24:40,47
60	68	Luís Miguel Pereira da Graça	Master 30	00:07:38,08	00:06:10,90	00:04:09,22	00:06:46,83	00:24:45,03
63	71	Nuno André Pedrosa Moreira Aguiar	Master 30	00:07:46,48	00:06:12,84	00:04:10,39	00:06:50,23	00:24:59,94
69	97	Nuno Ricardo de Campos Marinho	Master 30	00:07:49,33	00:06:18,23	00:04:17,63	00:07:02,50	00:25:27,70
73	100	Bruno Ricardo Ferreira Afonso	Master 30	00:07:30,00	00:07:17,95	00:04:05,51	00:06:47,84	00:25:41,31
78	91	José Rui Teixeira de Matos da Silva Martins	Master 30	00:07:58,25	00:06:36,41	00:04:10,78	00:07:20,46	00:26:05,91
79	92	Leandro Alexandre Gonçalves Ferreira	Master 30	00:08:02,45	00:06:24,99	00:04:05,93	00:07:34,76	00:26:08,13
80	89	Nuno Filipe Pires Fernandes Carneiro	Master 30	00:08:05,40	00:06:36,60	00:04:21,73	00:07:05,61	00:26:09,34
83	76	Pedro Tiago Marques Conde	Master 30	00:08:05,99	00:06:43,60	00:04:10,71	00:07:22,55	00:26:22,85
88	94	Joaquim Monteiro De Oliveira Martins	Master 30	00:08:12,41	00:07:02,53	00:04:14,01	00:07:13,72	00:26:42,68
89	72	Paulo Ricardo Rodrigues Fernandes	Master 30	00:08:18,25	00:06:44,00	00:04:29,95	00:07:21,75	00:26:53,95
90	63	Hugo Gonçalo Costa Duarte	Master 30	00:08:06,06	00:06:51,67	00:04:33,18	00:07:23,16	00:26:54,07
92	67	Luís Filipe Faria Leite	Master 30	00:08:27,89	00:06:55,65	00:04:47,96	00:07:12,37	00:27:23,86
93	90	Marco Tomé Jorge Lourenço	Master 30	00:08:26,17	00:06:58,06	00:04:37,64	00:07:28,61	00:27:30,47
96	73	Pedro Antonio Ferreira Ventura	Master 30	00:08:42,29	00:07:45,28	00:04:32,37	00:06:55,00	00:27:54,95
97	95	Anthony Oliveira	Master 30	00:08:36,74	00:07:38,33	00:04:26,05	00:07:21,77	00:28:02,88

101	96	Nuno Filipe Inácio	Master 30	00:08:48,18	00:07:38,99	00:05:04,28	00:07:26,71	00:28:58,16
104	86	Luís Miguel Sousa Moreira	Master 30	00:08:49,81	00:07:41,45	00:04:46,25	00:07:48,18	00:29:05,69
107	57	Carlos Filipe Torres e Castro	Master 30	00:09:07,17	00:07:53,12	00:04:45,23	00:07:38,78	00:29:24,30
110	60	Emanuel David Azevedo Calça	Master 30	00:09:11,56	00:07:30,19	00:05:14,20	00:07:53,13	00:29:49,08
111	83	Tiago Manuel de Castro Botelho Meireles	Master 30	00:08:36,36	00:08:32,69	00:04:46,15	00:08:02,60	00:29:57,81
112	79	Ricardo Manuel Pinto Dias Teixeira	Master 30	00:08:57,85	00:08:23,46	00:04:56,01	00:07:51,54	00:30:08,86
113	70	Maximino Rodrigues Ventura	Master 30	00:08:45,56	00:08:01,52	00:05:08,75	00:08:13,23	00:30:09,06
114	78	Ricardo Alexandre Vicente Pereira	Master 30	00:08:52,60	00:08:33,79	00:04:41,35	00:08:01,92	00:30:09,65
123	66	Luis Filipe Barbosa Pinheiro	Master 30	00:08:17,65	00:07:23,06	00:06:52,76	00:17:21,61	00:39:55,08
124	82	Tiago de Araújo	Master 30	00:14:36,41	00:11:13,30	00:05:31,99	00:08:56,79	00:40:18,48
14	38	Bruno Dinis Nóvoas de Morais	Master 40	00:06:50,72	00:05:14,54	00:03:36,01	00:05:58,61	00:21:39,89
33	37	José Manuel Nogueira Ferreira	Master 40	00:07:16,64	00:05:48,03	00:03:52,75	00:06:10,92	00:23:08,34
38	36	Sérgio Mota	Master 40	00:07:19,77	00:05:47,21	00:03:48,31	00:06:22,76	00:23:18,05
52	14	Manuel António Oliveira Silva	Master 40	00:07:24,04	00:06:01,37	00:03:55,85	00:06:52,14	00:24:13,41
53	39	Armindo Manuel Reis Lopes	Master 40	00:07:40,56	00:05:55,22	00:04:10,66	00:06:32,82	00:24:19,25
54	34	Paulo Alexandre Pereira de Abreu	Master 40	00:07:43,94	00:05:57,95	00:04:02,32	00:06:38,36	00:24:22,58
66	30	João Manuel Chaveiro Pita Álvares Pereira	Master 40	00:07:55,92	00:06:22,27	00:04:02,37	00:06:48,89	00:25:09,44
67	29	Rómulo António Peixoto Abreu	Master 40	00:07:57,47	00:06:25,88	00:04:11,00	00:06:36,24	00:25:10,59
70	25	José Paulo Pereira Machado	Master 40	00:07:57,43	00:06:30,13	00:04:06,84	00:06:54,96	00:25:29,36
72	18	António Cadima	Master 40	00:08:03,49	00:06:15,98	00:04:15,46	00:06:57,81	00:25:32,73
76	33	Elisio José Guimarães Almeida Ferreira de Mel	Master 40	00:07:53,28	00:06:30,33	00:04:35,54	00:06:54,31	00:25:53,47
82	11	Miguel Jorge Monteiro Ramôa	Master 40	00:08:15,96	00:06:26,63	00:04:23,19	00:07:04,90	00:26:10,69
84	27	Amândio Alves Pereira	Master 40	00:08:07,42	00:06:49,04	00:04:15,71	00:07:11,04	00:26:23,20
85	21	José António Lago Prado	Master 40	00:08:06,38	00:06:47,06	00:04:22,97	00:07:08,32	00:26:24,74
91	12	Luis Miguel Rato e Melo Carvalho	Master 40	00:08:43,82	00:06:59,53	00:04:30,03	00:07:05,65	00:27:19,03
100	15	Estefanio Gonçalves Barreto	Master 40	00:08:39,13	00:07:45,14	00:04:47,88	00:07:42,82	00:28:54,97
105	26	Paulo Alexandre Cruz Santos	Master 40	00:08:30,46	00:07:22,79	00:04:53,95	00:08:21,48	00:29:08,67
109	17	Filipe Manuel Terças Soares	Master 40	00:08:40,27	00:08:20,57	00:04:51,32	00:07:54,17	00:29:46,33
115	22	Alexandre Domingues	Master 40	00:08:57,94	00:08:33,90	00:05:17,03	00:08:23,24	00:31:12,10
120	16	Carlos Alberto Vale da Silva	Master 40	00:09:50,71	00:09:59,19	00:05:51,53	00:08:44,10	00:34:25,54
122	23	Jorge Miguel Leandro C. Emílio	Master 40	00:10:16,14	00:10:11,55	00:05:56,92	00:09:36,73	00:36:01,34
32	7	Joaquim da Silva Fernandes Dias	Master 50	00:07:22,53	00:05:38,73	00:03:43,14	00:06:16,34	00:23:00,74

43	1	Manuel Gomez Castro	Master 50	00:07:37,82	00:05:43,88	00:03:54,01	00:06:19,78	00:23:35,49
71	5	Francisco Manuel Dias Fernandes	Master 50	00:07:55,37	00:06:23,01	00:04:23,26	00:06:50,66	00:25:32,31
81	6	Manuel António Miranda Ribeiro	Master 50	00:07:59,28	00:06:38,20	00:04:24,00	00:07:08,06	00:26:09,53
95	3	Paulo Fernando Pinto Nogueira Figueiredo	Master 50	00:08:36,06	00:07:12,04	00:04:48,38	00:07:18,39	00:27:54,88
98	4	Quirino José Almagro Simões	Master 50	00:08:22,36	00:07:20,91	00:04:37,60	00:07:44,94	00:28:05,80
119	2	Carlos Manuel Messias Batista Marques	Master 50	00:09:52,19	00:09:10,37	00:05:26,98	00:08:52,85	00:33:22,38